

	WEEK 1 Served w/c 6th & 27th Sept 18th Oct 15th Nov & 6th Dec	WEEK 2 Served w/c 13th Sept 4th Oct 22nd Nov & 13th Dec	WEEK 3 Served w/c 20th Sept 11th Oct 8th & 29th Nov
<b>M O N D A Y</b>	Beefburger in a Bun V Veggie burger in a Bun Chipped Potatoes Peas & Sweetcorn **** Cheese and Crackers Fresh Fruit or Fruit Yoghurt	Chicken in a Tomato Sauce with Pasta V 5 Veggie Pasta Green Beans & Sweetcorn Garlic Bread ***** Sultan and Oat Cookie Fresh Fruit or Fruit Yoghurt	Mince and Dumplings V Quorn Mince and Dumplings Mash Potatoes Cauliflower & Green Beans ***** Chocolate Krispies Fresh Fruit or Fruit Yoghurt
<b>T U E S D A Y</b>	Quorn Shepherd Pie Green Beans & Carrots Crusty Bread ***** Sticky Date & Apple Bars with Custard Fresh Fruit or Fruit Yoghurt	Pasta Bolognese V Quorn Bolognese Carrots & Peas Cheesy Garlic Bread **** Cheese and Crackers Fresh Fruit or Fruit Yoghurt	V Quorn Dippers with Potatoes Wedges & Tomato Sauce Green Beans & Sweetcorn ***** Jam Sponge and Custard Fresh Fruit or Fruit Yoghurt
<b>W E D N E S D A Y</b>	Roast Chicken with Gravy V Vegetable Bake Roast Potatoes Medley of Vegetables **** Fresh Fruit or Fruit Yoghurt	V Pizza Chips Grated Carrot & Sweetcorn **** Fruit Mouse Fresh Fruit or Fruit Yoghurt	Roast Pork with Apple Sauce V Crunchy Topped Cauliflower & Broccoli Cheese Roast Potatoes Carrots & Broccoli ***** Cheese and Crackers Fresh Fruit or Fruit Yoghurt
<b>T H U R S D A Y</b>	V Cheese and Tomato Pasta Bread ***** Muffin Fresh Fruit or Fruit Yoghurt	Sausage Toad in the Hole with Gravy V Vegetable Sausages Mashed Potatoes Broccoli & Cauliflower Apple and Berry Crumble with Custard ***** Fresh Fruit or Fruit Yoghurt	Chicken Korma with Rice V Quorn Korma Carrots & Broccoli Naan Bread **** Iced Finger Fresh Fruit or Fruit Yoghurt
<b>F R I D A Y</b>	Fish fingers V cheese and onion quiche Chips Beans & Sweetcorn Sliced Bread ***** Chocolate Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt	Fish Fingers with Tomato Sauce V Cheese and Onion Pastry Potato Wedges Carrots & Peas H/M 50/50 Bread ***** Fresh Fruit or Fruit Yoghurt	Harry Ramsden's Battered Fish V Roasted Vegetable Parcel Sweetcorn & Peas Chipped Potatoes **** Fresh Fruit or Fruit Yoghurt

V = suitable for a vegetarian diet. All meats are sourced within North Yorkshire, fruit and vegetables are produced locally wherever possible and all meats are "Red Tractor" certified, eggs used with baking and preparation are free range. Special Dietary Requirements can be catered for on request.