

**Northstead PE Curriculum Map 2019 - 20**

Year	Lesson	Autumn Term		Spring Term		Summer Term	
		1	2	3	4	5	6
1	Indoor	Health & Fitness	Gymnastics	Dance	Health & Fitness Multi-skills	Gymnastics	Dance
	Outdoor	Games (multi-skills)	Games (multi-skills)	Games (multi-skills)	OAA	Striking & Fielding (rounders/cricket)	Athletics
2	Indoor	Health & Fitness	Gymnastics	Dance	Health & Fitness Multi-skills	Gymnastics	Dance
	Outdoor	Games (multi-skills)	Games (multi-skills)	Games (multi-skills)	OAA	Striking & Fielding (rounders/cricket)	Athletics
3	Indoor	Health & Fitness	Gymnastics	Dance	Multi-skills	Net & Wall Tennis/Table Tennis/Badminton	OAA
	Outdoor	Invasion Games	Invasion Games	Invasion Games	Invasion Games	Striking & Fielding (rounders/cricket)	Athletics
4	Indoor	Health & Fitness	Gymnastics	Dance	Multi-skills	Net & Wall Tennis/Table Tennis/Badminton	OAA
	Outdoor	Invasion Games	Invasion Games	Invasion Games	Invasion Games	Striking & Fielding (rounders/cricket)	Athletics
5	Indoor	Health & Fitness	Gymnastics	Dance	Multi-skills	Net & Wall Tennis/Table Tennis/Badminton	OAA
	Outdoor	Invasion Games	Invasion Games	Invasion Games	Invasion Games	Striking & Fielding Rounders/Cricket	Athletics
6	Indoor	Health & Fitness	Gymnastics	Dance	Multi-skills	Net & Wall Tennis/Table Tennis/Badminton	OAA
	Outdoor	Invasion Games	Invasion Games	Invasion Games	Invasion Games	Striking & Fielding Rounders/Cricket	Athletics

Invasion Games = netball, basketball, football, rugby, hockey - Striking & Fielding Games = rounders, cricket - Net & Wall Games = tennis, table tennis, badminton - OAA = Outdoor and Adventurous Activities