

WEEK 1

Served w/c 4th Sep, 25th Sep, 16th Oct, 13th Nov & 4th Dec

WEEK 2

Served w/c 11th Sep, 2nd Oct, 23rd Oct, 20th Nov & 11th Dec

WEEK 3

Served w/c 18th Sep, 9th Oct, 6th Nov, 27th Nov & 18th Dec

Fresh fruit & yoghurt available with every meal!



If your child has an allergy or special dietary requirements, please inform the school and our catering team, so we can discuss their needs.



We have highlighted the 14 allergens on our menus to help you make informed decisions. Some of our recipes include 'may contain' information, but this is not included on our menus. This information is however available on our daily allergen matrix. Please contact your school cook for further information.

✓ = Vegetarian

Celery	Fish	Crustaceans	Eggs	Cereals	Peanuts
Soya	Milk	Nuts	Sesame Seeds	Sulphur Dioxide	Mollusc
Lupin	Mustard				

Additional items may be available at your school, i.e. jacket potatoes and sandwiches. Please speak to your school for further information.

Don't forget to turn the page to see the Autumn Term's upcoming promotions, a tasty recipe to make at home, and a nutritional good-to-know!



Monday	Tuesday	Wednesday	Thursday	Friday
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✓ **Pizza** ✖
 ✓ **BBQ Wrap** ✖
 Diced Potatoes
 Crunchy Veggie Sticks

 ✓ **Lemon Drizzle Muffin** ✖

✓ **Chicken & Tomato Pasta** ✖
 ✓ **Seasonal Vegetable Hot Pot** ✖
 Peas & Sweetcorn
 Homebaked Garlic Bread ✖

 ✓ **Autumnal Fruit Crumble & Custard** ✖

✓ **Sausage & Yorkshire Pudding** ✖
 ✓ **Meal-Free Sausage & Yorkshire Pudding** ✖
 Mashed Potato
 Medley of Vegetables
 Gravy
 Crusty Bread ✖

 ✓ **Cheese & Crackers** ✖

✓ **Chicken Korma & Rice** ✖
 ✓ **Cheese, Leek & Potato Bake** ✖
 Cauliflower & Green Beans
 Naan Bread ✖

 ✓ **Berry Marble Sponge & Custard** ✖

✓ **Fish Fingers & Chips with Ketchup** ✖
 ✓ **Vegetable Lasagne** ✖
 Carrots & Peas
 Sliced Wholemeal Bread ✖

 ✓ **Chocolate Orange Mousse Cake** ✖

✓ **Pasta Bolognese Bake** ✖
 ✓ **Oven Baked Sausage & Bean Bake** ✖
 Broccoli & Sweetcorn
 Garlic Flatbread ✖

 ✓ **Custard Cookie with Fruit & Ice-Cream** ✖

✓ **Chicken Burger in a Bun** ✖
 ✓ **Vegetable & Bean Burger in a Bun** ✖
 Potato Wedges
 Peas & Coleslaw ✖

 ✓ **Chocolate Sponge & Chocolate Sauce** ✖

✓ **Roast Loin of Pork with Apple Sauce** ✖
 ✓ **Pea-ter Croquette** ✖
 Baked Potatoes
 Carrots & Green Beans
 Gravy
 Homebaked Bread ✖

 ✓ **Jam Bun & Cheese** ✖

✓ **Mexican Beef Pitta with Rice** ✖
 ✓ **Cauliflower Cheese Bake** ✖
 Medley of Vegetables
 Homebaked Sunflower Seed Bread ✖

 ✓ **Toffee Apple Muffin** ✖

✓ **Battered Fish** ✖
 ✓ **Cheese Whirl** ✖
 Chips
 Ketchup
 Sweetcorn & Peas
 Crusty Bread ✖

 ✓ **Lemon Shortcake** ✖

✓ **Creamy Mac & Cheese** ✖
 ✓ **Lightly Spiced Bean and Vegetable Curry & Rice** ✖
 Broccoli & Carrots
 Homebaked Garlic Bread ✖

 ✓ **Berry Crumble Mousse Pot** ✖

✓ **Nacho Beef Bake** ✖
 ✓ **Cheese & Bean Enchilada** ✖
 Rice
 Sweetcorn & Peas

 ✓ **Chocolate Berry Brownie** ✖

✓ **Roast Chicken & Stuffing** ✖
 ✓ **Vegetable Cottage Pie** ✖
 Mashed Potato
 Medley of Vegetables
 Gravy
 Crusty Bread ✖

 ✓ **Rice Pudding & Peaches** ✖

✓ **All Day Breakfast** ✖
 ✓ **Veggie All Day Breakfast** ✖
 Homebaked Bread ✖

 ✓ **Oatie Cookie & Cheese** ✖

✓ **Fish Star & Chips** ✖
 ✓ **Crunchy Garlic Bread Topped Tomato Pasta** ✖
 Peas & Carrots
 Homebaked Wholemeal Bread ✖

 ✓ **Fruity Jam Sandwich & Custard** ✖

SCHOOL MEAL ORDERS

To help with the management of school meals, we would like all pupils to pre book their choices below. The hot dinner and vegetarian option can be found on the menu overleaf. **The cost is £3.00 per paid meal. Please pay in advance via Parent Pay. (All Infant pupils receive Universal Infant Free School Meals)**

Please complete and return by Friday 20th October 2023 at the latest, thank you.

Name of Child	Class
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PLEASE TICK ONE BOX PER DAY		Hot Dinner	Vegetarian Hot Dinner	Specified Jacket Potato	Cheese Sandwich	Tuna Sandwich	Egg Sandwich	Ham Sandwich
Menu Week 3	Monday 6 th November							Not Available
	Tuesday 7 th November							Not Available
	Wed 8 th November							Not Available
	Thu 9 th November							
	Fri 10 th November							Not Available
Menu Week 1	Mon 13 th November							Not Available
	Tues 14 th November							Not Available
	Wed 15 th November							
	Thu 16 th November							Not Available
	Fri 17 th November							Not Available
Menu Week 2	Mon 20 th November							Not Available
	Tues 21 st November							
	Wed 22 nd November							Not Available
	Thu 23 rd November							Not Available
	Fri 24 th November							Not Available
Menu Week 3	Mon 27 th November							Not Available
	Tues 28 th November							Not Available
	Wed 29 th November Festival Of Light Menu Change *Chicken Korma, Rice, Naan & Pickles ** VEG Korma, Rice, Naan & Pickles Apple & Honey Sponge & Ice cream	*	**					Not Available
	Thu 30 th November							
	Fri 1 st December							Not Available
Menu Week 1	Mon 4 th December							Not Available
	Tues 5 th December							Not Available
	Wed 6 th December							
	Thu 7 th December							Not Available
	Fri 8 th December							Not Available
Menu Week 2	Mon 11 th December							Not Available
	Tues 12 th December							
	Wed 13 th December							Not Available
	Thu 14 th December							Not Available
	Fri 15 th December Christmas Dinner Menu Change Please tick for option choice	Christmas Dinner	Veg Christmas Dinner	Not Available	Not Available	Not Available	Not Available	Not Available
Menu Week 3	Mon 18 th December							Not Available
	Tues 19 th December							Not Available
	Wed 20 th December							Not Available
	Thu 21 st December							
	Fri 22 nd December							Not Available