

PE long Term Plan 2025-2026 (updated June 2025)								
Year		Autumn 1 (8 weeks)	Autumn 2 (7 weeks)	Spring 1 (6 weeks)	Spring 2 (5 weeks)	Summer 1 (6 weeks)	Summer 2 (7 weeks)	
EYFS	Indoor	Locomotion Walking 1	Ball Skills Hands 1	Gymnastics High, Low, Under, Over	Locomotion Jumping 1	Ball skills Feet 1	Attack & defense (Games for understanding)	
	Outdoor	Outdoor provision	Outdoor provision	Outdoor provision	Outdoor provision	Outdoor provision	Outdoor provision	
Year 1	Indoor	Health & Wellbeing	Dance 1 Growing	Ball skills Feet 1	Gymnastics Wide, Narrow and Curled	Dance 2 Heroes	Locomotion Jumping 1	
	Outdoor	Locomotion Running 1	Ball skills Hands 1	No outdoor PE this half term	Ball Skills Hands 2	Ball skills Rackets, Bats and Balls	Attack v defence (Games for Understanding)	
Year 2	Indoor	Dance 1 Water	Ball skills Feet 1	Dance 2 Explorers	Gymnastics Linking	Locomotion Jumping 1	Team building	
	Outdoor	Locomotion Dodging 1	Ball skills Hands 1	No outdoor PE this half term	Ball skills Hands 2	Ball skills Rackets, Bats and Balls	Attack v defence (Games for Understanding)	
Year 3	Indoor	Dance 1 Weather	Boccia	Gymnastics Symmetry & asymmetry	OAA Communication and Tactics	Athletics	Cricket (taught outdoors)	
10	Outdoor	Tag Rugby	Netball	No outdoor PE this half term	No outdoor PE this half term	Tennis	Swimming (4)	Tennis(3)
11	Outdoor	Tag Rugby	Swimming (6) Tag Rugby(1)	No outdoor PE this half term	Netball	Swimming (4)	Tennis(2)	Tennis
12	Outdoor	(1) Swimming (6) Tag Rugby(1)	Tag Rugby	No outdoor PE this half term	Swimming (4)	Netball(1)	Netball	Tennis
Year 4	Indoor	Dodgeball	Dance 1 Space	Gymnastics Bridges	Boccia	OAA Problem solving	Rounders (taught outdoors)	
	Outdoor	Netball	Hockey	No outdoor PE this half term	Cricket	Tennis	Athletics	
Year 5	Indoor	Dance 1 Street Art	Boccia	Gymnastics Counter balance/ tension	OAA Orienteering	Rounders	Athletics (taught outdoors)	
	Outdoor	Hockey	Tag Rugby	No outdoor PE this half term	Netball	Tennis	Cricket	
Year 6	Indoor	OAA Leadership	Dodgeball	Gymnastics Matching & Mirroring	Dance 1 Titanic	Boccia	Rounders (taught outdoors)	
	Outdoor	Netball	Hockey	No outdoor PE this half term	Cricket	Tennis	Athletics	

